

The Future of Mindset in Education

Develop Ways of Teaching and Learning
That Are Never Set, But Always Evolving

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A blue circular logo with white text.

Capacity
Building
Services

An Invitation

The future of mindset in education is emerging. This future is not found in an AI-powered app or a peer-reviewed paper. It's emerging every time a learner or teacher shifts their mindset, and lives into new ways of seeing, thinking, and acting that didn't exist before.

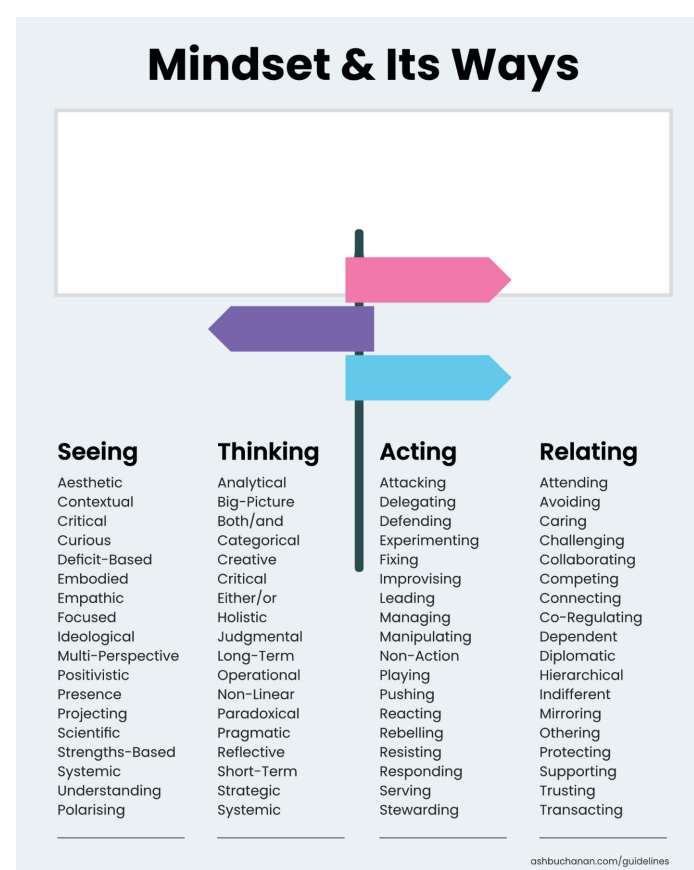
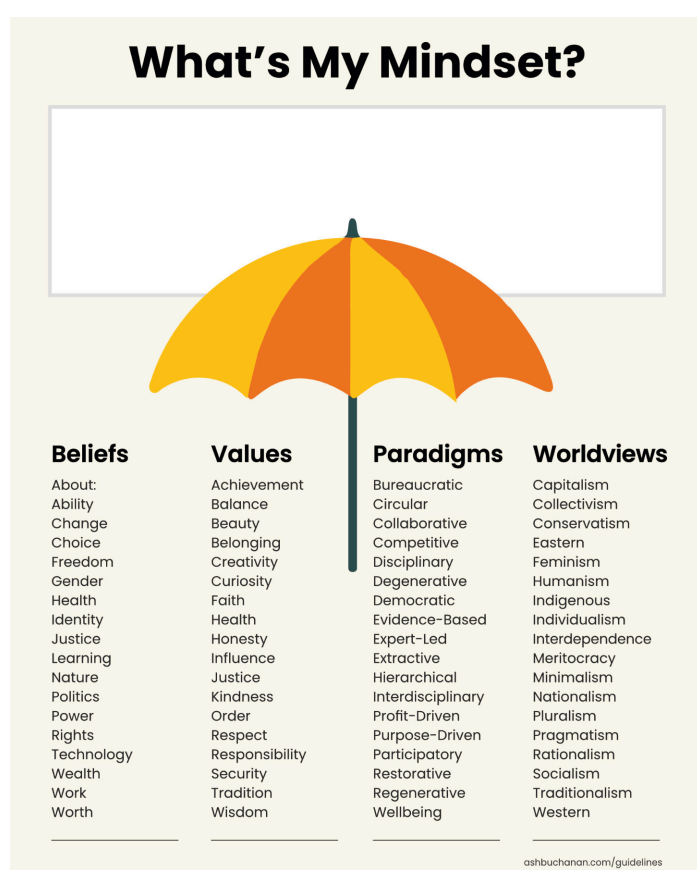
Mindset matters because it shapes what we notice, what we value, how we make sense of experience, and what we believe can be learned. Every time a mindset shifts, it plants a seed for a future possibility that didn't exist before.

At the same time, working with mindsets takes skill and care. Now is the time to strengthen the mindset capabilities of your learning community, so you can grow through complexity with greater confidence, and can develop new ways of teaching and learning that are never set, but always evolving.

Learning Opportunities

Has your school identified mindset as an important capability for professional learning, but you're unsure which approach to take? Should you focus on a growth mindset, an stage development, or another framework?

Why not try a next-generation approach that is based on a field-wide study of the mindset sciences, and draws on the strengths of these traditions and more? To help you get started, we've created a range of free mindset activities.



Mindset Literacy

If you want to go further, why not consider learning the practice of mindset literacy.

Very simply, mindset literacy is the ability to read and articulate your own mindset, in your own words. In doing so, it's a new approach to mindset that centres learner and teacher voice. To help you take your first steps with mindset literacy, try the Mindset Literacy Worksheet.

Mindset Literacy Worksheet		
2. Beliefs What you hold to be true in this area of your life.	1. Area Pick an area of life to focus on (e.g., a challenge).	4. Paradigms The models you use to make sense of this area.
3. Values What matters in this area of your life.	6. Mindset Combine these qualities into a mindset statement.	
	7. Shifts In the coming days, notice how your mindset wants to shift.	5. Worldviews The worldviews you hold in this area of your life.

ashbuchanan.com/guidelines

Mindset Maturity Quiz

Move beyond quizzes that assess mindset through the lens of a single framework, by trying the Mindset Maturity Quiz.

This quiz can help people examine how diverse and holistic their approach to mindset is. Its free, PDF based (no data entry required), and takes 5 minutes.

Mindset Maturity Model



Single-Lens (Beginning)

Using a single perspective (like Growth vs. Fixed mindset) as the entire definition of mindset.



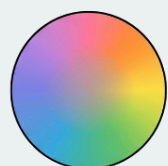
Multi-Lens (Exploring)

Actively trying out unfamiliar definitions to see what each reveals, and where their blind spots lie.



Integrated-Lens (Personalising)

Using multiple perspectives, including your own, to inform the development of a personalised approach.



Adaptive-Lens (Evolving)

Expanding your approach based on more of the mindset sciences, and your own direct experience.

Why More Holistic Mindset Work?

- **Grow through complexity:** Don't just cope with challenges, strengthen your ability to grow through them, expanding your capacity over time.
- **Navigate unprecedented disruption:** In an era of AI transformation and complexity, the ability to shift mindsets in real-time is an essential 21st-century skill.
- **Make the invisible visible:** Learn to identify and address the beliefs, values, paradigms, and worldviews that shape how learning and teaching happen.
- **See, think, and act differently:** Develop the real-time flexibility to break free from old patterns and actively create new possibilities that support authentic, lifelong learning.
- **Create systems-level impact:** Mindset is one of the highest leverage points for unleashing student- and teacher-led innovations that support thriving communities and flourishing ecologies.

Ways We Might Work Together

Recognising that mindset capabilities are strategically valuable is one thing. Actually developing them in a future-ready way is another. A mindset specialist can help you build capacity, measure what matters, and work towards transformative results. Here are some services we might explore together:

Start here:

- **Mindset Strategies:** Equip teachers with the tools they need to recognise and shift ways of seeing, thinking, and acting in themselves and their classes.
- **Mindset Literacy:** Learn how to see and describe the diversity of beliefs, values, paradigms, and worldviews that shape how learning happens in your own words.
- **Coaching:** One-on-one support for leaders navigating rapid change and escalating complexity using mindset science.

Ways We Might Work Together

Build Capacity:

- **Mindset Training:** Equip teachers and learners with strategies that can transform how they respond to change and complexity.
- **Community of Practice Development:** Establish ongoing learning communities where everyone is actively co-shaping the future of mindset together.
- **Transformation Partnerships:** A multi-year engagement program to embed next-generation mindset capacities throughout your school or university.

Your Partner



Hi, I'm Ash, the founder of Cohere. I spent a decade exploring how the collective knowledge of the mindset sciences can be applied in real-world settings.

I now help schools and universities bring the future of mindset to life in everything they do. I offer a range of teacher trainings, leadership programs, and learning partnerships.

I'm also the author of five books, including the #1 Amazon bestsellers: *Mindset Aware*, *The Nature of Mindset*, and *Handbook of Mindset Research*. My research appears in Springer Nature and International Journal of Wellbeing.

My dream is to support all learners and teachers with knowing their own mindset directly, alongside the ones shaping their communities, so they can make small shifts that create real impacts in their lives and the world.

Ready to Co-shape The Future?

In an era of rapid change and escalating complexity, learning how to see and shift mindsets is an essential 21st century skill.

Join the growing number of schools and universities that are advancing what is possible through mindset education.

Reach out at hello@cohere.com.au to schedule a 30-minute call.